

# Harbin Hot Springs Packing List

See “Things to Know” page on website for a list of things not to pack!

*\* Items marked with an asterisk are usually available for sale at Harbin Market*

## General

Toiletries (please avoid colognes, perfumes or scented personal care products)\*

Alarm clock\*

Flashlight\*

Sweatshirt (evenings)

Umbrella\* (winter)

Water bottle\*

Mini Cooler

Reading Materials (library available here)

Journal & Pen

Driving Directions

## Dorms / Outdoor Sleeping Deck

Sleeping bag and/or Linens

Pillow

Towel\*

Earplugs\*

## Camping

No fires or camp stoves allowed

Ground cover

Tent

Sleeping pad

Sleeping bag

Pillow

Waterproof tarps\* (winter)

Towel\*

Lantern (battery powered only)

## Poolside

Swimsuit (optional)

Beach towel\*

Sunscreen\*

Plastic water bottle\*

Robe / wrap / sarong\*

Shading hat

Sunglasses

Sandals

## Hiking

Comfortable, sturdy shoes

Sunscreen\*

Sun protective clothing

Sweatshirt (late afternoon)

Water bottle\*

Map (free at gatehouse or Main Office)

## Yoga

Loose-fitting shorts/pants

Towel\*

Water bottle\*

Donation (optional)

## Dance

Loose-fitting shorts/pants/dress

Scarves / wraps\*

Water bottle\*

## Food

The Harbin Market sells prepared food, fresh produce, bulk ingredients, snacks, phone cards, toiletries, etc. The vegetarian guest kitchen features basic pans, dishes, utensils, and limited storage (label your bags) and refrigerator space. In addition to the café's and restaurant on Harbin property, nearby Middletown features a supermarket and numerous restaurants of varying quality.

## Phone

Pay phones are available. (Mobile phone use is prohibited on property.)

## Internet Access

Pay-per-minute Internet access is located near the library and the Blue Room Café.

## ATM

Located in the Harbin Market.

## Laundry

A coin-operated laundromat is located in nearby Middletown.

## Pets

Pets are not allowed, and they may not be left in vehicles. (In compliance with the Americans with Disabilities Act, we allow service dogs on-property. We do not admit service dogs that are for emotional or mental support.)

